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**FISCAL YEAR 2003
CHILD AND ADULT CARE FOOD PROGRAM
OPERATIONAL MEMO #20**

TO: Child and Adult Care Food Program Sponsors

FROM: Julie Stark, Interim Director
Office of School Support Services

DATE: June 17, 2003

SUBJECT: Mealtime Memo for Child Care

Enclosed are three issues of the *Mealtime Memo for Child Care*. The titles are **A**Snacks can be Heathful and Appealing, **@A**Serving Meals Family-Style, **@**and **A**Chatting with Children at Mealtimes. **@**Previous issues are available at www.nfsmi.org. We hope that they will be useful in your work with your child care program.

Developed by the National Food Service Management Institute, this publication reinforces the importance of the Food Guide Pyramid and emphasizes that physical activity will help children grow healthy.

If you have any questions regarding this publication you may contact the Child and Adult Care Food Program staff at (517) 373-7391.

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